### Physical Therapist Assistant

The Physical Therapist Assistant curriculum prepares graduates to work in direct patient care settings under physical therapists' supervision. Assistants work to improve or restore function by alleviating or preventing physical impairment and perform other essential activities in a physical therapy department.

Course work includes normal human anatomy and physiology, the consequences of disease or injury, and physical therapy treatment of various patient conditions affecting humans throughout their lifespan.

Graduates are eligible to take the PTA National Physical Therapy Exam (NPTE) for licensure in whichever state they plan to work. Employment is available in general hospitals, rehabilitation centers, outpatient orthopedic clinics, school systems, geriatric health care facilities, and home health agencies.

For specific information about potential positions and wages in physical therapist assistant employment, visit the Central Piedmont Career Coach website.

# Physical Therapist Assistant (A45640) Degree Awarded

The Associate in Applied Science Degree - Physical Therapist Assistant is awarded by the college upon completion of this program.

#### **Admissions**

- · A high school diploma or equivalent is required.
- Complete a general admission application to Central Piedmont.
- Take required placement tests.
- Meet with an academic advisor or counselor for preliminary counseling.
- Take the Test of Essential Academic Skills (TEAS).
- Submit all official high school transcripts and any college transcripts to Admissions, Records & Registration.
- Complete any required Preparatory courses with a grade of "C" or better.
- Complete and submit the Physical Therapist Assistant application by the deadline.
- Upon acceptance and enrollment in the program, students must take all courses as scheduled and sequenced.
- Continued progression in the program requires a grade of "C" or better in every course.
- A physical examination (including a drug screen) documenting the applicant's ability to complete all program requirements is required.
- Many courses have prerequisites or co-requisites; check the Courses section for details.

#### **Program Accreditation**

The Physical Therapist Assistant program at Central Piedmont is accredited by the Commission on Accreditation in Physical Therapy Education (CAPTE) of the American Physical Therapy Association (APTA).

#### **Notes**

In addition to tuition and textbooks, costs of the program include: uniforms, travel to clinical sites, liability and accident insurance, health insurance, a fee for CPR/First Aid certification and/or re-certification, a licensure application fee, and the cost of a physical examination, including immunizations and blood tests. Current CPR and First Aid certification is required before all clinical courses.

To participate in clinical education experiences at health care facilities, students are required to submit results of a N.C. state or national criminal background check at their own expense.

#### **Contact Information**

The Physical Therapist Assistant program is in the Therapy and Acute Care Division. For more information, visit the Physical Therapist Assistant website. For further assistance, contact the Program Chair at 704.330.6746.

#### **General Education Requirements**

| E                  | NG 111              | Writing and Inquiry                   | 3.0 |  |  |
|--------------------|---------------------|---------------------------------------|-----|--|--|
| F                  | PSY 150             | General Psychology                    | 3.0 |  |  |
| F                  | ACA 122             | College Transfer Success              | 1.0 |  |  |
| S                  | Select 3 credits of | f the following:                      | 3.0 |  |  |
|                    | ART 111             | Art Appreciation                      |     |  |  |
|                    | ART 114             | Art History Survey I                  |     |  |  |
|                    | ART 115             | Art History Survey II                 |     |  |  |
|                    | DRA 111             | Theatre Appreciation                  |     |  |  |
|                    | HUM 120             | Cultural Studies                      |     |  |  |
|                    | HUM 130             | Myth in Human Culture                 |     |  |  |
|                    | MUS 110             | Music Appreciation                    |     |  |  |
|                    | MUS 112             | Introduction to Jazz                  |     |  |  |
|                    | PHI 215             | Philosophical Issues                  |     |  |  |
|                    | PHI 240             | Introduction to Ethics                |     |  |  |
|                    | REL 110             | World Religions                       |     |  |  |
| 5                  | Select 3 credits of | f the following:                      | 3.0 |  |  |
|                    | MAT 110             | Mathematical Measurement and Literacy |     |  |  |
|                    | MAT 143             | Quantitative Literacy                 |     |  |  |
|                    | MAT 152             | Statistical Methods I                 |     |  |  |
|                    | MAT 171             | Precalculus Algebra                   |     |  |  |
| S                  | Select 3 credits of | f the following:                      | 3.0 |  |  |
|                    | COM 110             | Introduction to Communication         |     |  |  |
|                    | COM 231             | Public Speaking                       |     |  |  |
| Major Requirements |                     |                                       |     |  |  |
| F                  | PTA 110             | Intro to Physical Therapy             | 3.0 |  |  |
| F                  | PTA 125             | Gross & Functional Anatomy            | 5.0 |  |  |
| F                  | PTA 135             | Pathology                             | 4.0 |  |  |
| F                  | PTA 145             | Therapeutic Procedures                | 4.0 |  |  |
| F                  | PTA 212             | Health Care/Resources                 | 2.0 |  |  |
| F                  | PTA 215             | Therapeutic Exercise                  | 3.0 |  |  |
| F                  | PTA 222             | Professional Interactions             | 2.0 |  |  |
| F                  | PTA 225             | Intro to Rehabilitation               | 4.0 |  |  |
| F                  | PTA 235             | Neurological Rehab                    | 5.0 |  |  |
| F                  | PTA 245             | PTA Clinical III                      | 4.0 |  |  |
| F                  | PTA 255             | PTA Clinical IV                       | 4.0 |  |  |
| F                  | PTA 165             | PTA Clinical I                        | 3.0 |  |  |
|                    |                     |                                       |     |  |  |

| PTA 185       | PTA Clinical II               | 3.0 |
|---------------|-------------------------------|-----|
| BIO 168       | Anatomy and Physiology I      | 4.0 |
| or BIO 165    | Anatomy and Physiology I      |     |
| BIO 169       | Anatomy and Physiology II     | 4.0 |
| or BIO 166    | Anatomy and Physiology II     |     |
| PTA 270       | PTA Topics                    | 1.0 |
| MED 121       | Medical Terminology I         | 2.0 |
| or MED 120    | Survey of Medical Terminology |     |
| Total Credits |                               | 73  |

## No diplomas are offered for Physical Therapy Assistant.

# No certificates are offered for Physical Therapy Assistant.

The following is the suggested sequence for when to take each course to complete the Associate in Applied Science degree, based on the program requirements of the 2022-2023 catalog. This is only a recommendation — you may take courses in another order if you need to. This sequence is based on you starting with college-level math and English courses, starting your program in the fall, and attending full-time. You can also follow this sequence if you attend part-time. Speak with an advisor about the sequence and any questions. This program does not offer diplomas or certificates at this time; visit the catalog or contact the program for details.

Physical Therapist Assistant suggested course sequence