

Human Services Technology

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Human Services Technology Courses

HSE 110. Introduction to Human Services. 3.0 Credits. Class-2.0. Clinical-0.0. Lab-2.0. Work-0.0

This course introduces the human services field, including the history, agencies, roles, and careers. Topics include personal/professional characteristics, diverse populations, community resources, disciplines in the field, systems, ethical standards, and major theoretical and treatment approaches. Upon completion, students should be able to identify the knowledge, skills, and roles of the human services worker.

HSE 112. Group Process I. 2.0 Credits. Class-1.0. Clinical-0.0. Lab-2.0. Work-0.0

This course introduces interpersonal concepts and group dynamics. Emphasis is placed on self-awareness facilitated by experiential learning in small groups with analysis of personal experiences and the behavior of others. Upon completion, students should be able to show competence in identifying and explaining how people are influenced by their interactions in group settings.

HSE 120. Interpersonal Relations. 3.0 Credits. Class-3.0. Clinical-0.0. Lab-0.0. Work-0.0

This course introduces the interpersonal and communication skills used in helping relationships and professions. Topics include self-understanding; growth techniques; assertive, passive, and aggressive behaviors; and effective communications in the helping role. Upon completion, students should be able to demonstrate skills for effective communications in helping relationships which promote understanding of self, other people, and personal growth.

HSE 123. Interviewing Techniques. 3.0 Credits. Class-2.0. Clinical-0.0. Lab-2.0. Work-0.0

This course covers the purpose, structure, focus, and techniques employed in effective interviewing. Emphasis is placed on observing, attending, listening, responding, recording, and summarizing of personal histories with instructor supervision. Upon completion, students should be able to perform the basic interviewing skills needed to function in the helping relationship.

HSE 125. Counseling. 3.0 Credits. Class-2.0. Clinical-0.0. Lab-2.0. Work-0.0

This course covers the major approaches to psychotherapy and counseling, including theory, characteristics, and techniques. Emphasis is placed on facilitation of self-exploration, problem solving, decision making, and personal growth. Upon completion, students should be able to understand various theories of counseling and demonstrate counseling techniques.

HSE 210. Human Services Issues. 2.0 Credits. Class-2.0. Clinical-0.0. Lab-0.0. Work-0.0

This course covers current issues and trends in the field of human services. Emphasis is placed on contemporary topics with relevance to special issues in a multi-faceted field. Upon completion, students should be able to integrate the knowledge, skills, and experiences gained in classroom and clinical experiences with emerging trends in the field.

HSE 212. Group Process II. 2.0 Credits. Class-1.0. Clinical-0.0. Lab-2.0. Work-0.0

This course is a continuation of the study of interpersonal concepts and group dynamics. Emphasis is placed on self-awareness facilitated by experiential learning in small groups with analysis of personal experiences and the behavior of others. Upon completion, students should be able to demonstrate their ability to communicate with others and facilitate communications between others.

Prerequisites: Take HSE 112

HSE 220. Case Management. 3.0 Credits. Class-2.0. Clinical-0.0. Lab-2.0. Work-0.0

This course covers the variety of tasks associated with professional case management. Topics include treatment planning, needs assessment, referral procedures, and follow-up and integration of services. Upon completion, students should be able to effectively manage the care of the whole person from initial contact through termination of services.

Prerequisites: Take HSE 110, minimum grade of C

HSE 225. Crisis Intervention. 3.0 Credits. Class-3.0. Clinical-0.0. Lab-0.0. Work-0.0

This course introduces the basic theories and principles of crisis intervention. Emphasis is placed on identifying and demonstrating appropriate and differential techniques for intervening in various crisis situations. Upon completion, students should be able to assess crisis situations and respond appropriately.

HSE 227. Children & Adolescents in Crisis. 3.0 Credits. Class-3.0. Clinical-0.0. Lab-0.0. Work-0.0

This course covers the crises affecting children and adolescents in contemporary society. Emphasis is placed on abuse and neglect, suicide and murder, dysfunctional family living, poverty, and violence. Upon completion, students should be able to identify and discuss intervention strategies and available services for the major contemporary crises affecting children and adolescents.

HSE 242. Family Systems. 3.0 Credits. Class-3.0. Clinical-0.0. Lab-0.0. Work-0.0

This course introduces the concepts of family structure as a system and includes the impact of contemporary society on the family. Topics include systems theory, family structure, blended families, divorce, adoption, and the elderly. Upon completion, students should be able to demonstrate an understanding of families as a system and the impact of change on family structure.

Prerequisites: Take One: PSY 150 or SOC 210

Developmental Disabilities Courses

DDT 110. Developmental Disabilities. 3.0 Credits. Class-3.0.

Clinical-0.0. Lab-0.0. Work-0.0

This course identifies the characteristics and causes of various disabilities. Topics include history of service provision, human rights, legislation and litigation, advocacy, and accessing support services. Upon completion, students should be able to demonstrate an understanding of current and historical developmental disability definitions and support systems used throughout the life span.

DDT 120. Teaching Developmental Disabled. 3.0 Credits. Class-3.0.

Clinical-0.0. Lab-0.0. Work-0.0

This course covers teaching modalities which enhance learning among people with developmental disabilities. Topics include assessment, support strategies, writing behavioral strategies, teaching methods, and documentation. Upon completion, students should be able to demonstrate competence in individual program plan development and implementation. DDT 120 is a requirement of the Developmental Disabilities concentration in the Human Services Technology program.

Prerequisites: Take DDT 110

DDT 210. DDT Health Issues. 3.0 Credits. Class-3.0. Clinical-0.0.

Lab-0.0. Work-0.0

This course introduces the health and medical aspects of assisting people with developmental disabilities. Topics include universal precautions, medication, wellness, nutrition, human sexuality, and accessing medical services. Upon completion, students should be able to identify and implement strategies to promote wellness and manage chronic health conditions. DDT 210 is a requirement of the Developmental Disabilities concentration in the Human Services Technology program.

Prerequisites: Take DDT 110

DDT 220. Program Planning Process. 3.0 Credits. Class-3.0.

Clinical-0.0. Lab-0.0. Work-0.0

This course covers the individual program planning process used in services for people with developmental disabilities. Topics include basic components and benefits of the process, the effect of values on outcomes, and group problem-solving methods. Upon completion, students should be able to demonstrate an understanding of effective group process in program planning and the individual roles of team members. DDT 220 is a requirement of the Developmental Disabilities concentration in the Human Services Technology program.

DDT 230. Supported Employment. 3.0 Credits. Class-3.0. Clinical-0.0.

Lab-0.0. Work-0.0

This course introduces the concept of supported employment and the action steps needed to assist individuals with disabilities to participate in the world of work. Topics include a history of vocational services, supported employment values, organizational marketing, consumer assessment, job development, employment selection, job site training and long term supports. Upon completion, students should be able to develop a customer profile, a marketing plan, and assist individuals with disabilities to obtain and maintain employment.

DDT 240. Aging Lifelong Disability. 3.0 Credits. Class-3.0. Clinical-0.0.

Lab-0.0. Work-0.0

This course is designed to address issues facing individuals with developmental disabilities who are aging. Emphasis is placed on techniques to develop coalitions between the aging network and service providers, health and wellness strategies, later life planning, and community inclusion. Upon completion, students should be able to identify formal and informal supports and strategies for community inclusion for adults aging with lifelong disabilities.

Substance Abuse Courses

SAB 110. Substance Abuse Overview. 3.0 Credits. Class-3.0.

Clinical-0.0. Lab-0.0. Work-0.0

This course provides an overview of the core concepts in substance abuse and dependence. Topics include the history of drug use/abuse, effects on societal members, treatment of addiction, and preventive measures. Upon completion, students should be able to demonstrate knowledge of the etiology of drug abuse, addiction, prevention, and treatment.

SAB 120. Intake and Assessment. 3.0 Credits. Class-3.0. Clinical-0.0.

Lab-0.0. Work-0.0

This course develops processes for establishment of client rapport, elicitation of client information on which therapeutic activities are based, and stimulation of client introspection. Topics include diagnostic criteria, functions of counseling, nonverbal behavior, collaterals and significant others, dual diagnosis, client strengths and weakness, uncooperative clients, and crisis interventions. Upon completion, students should be able to establish communication with clients, recognize disorders, obtain information for counseling, and terminate the counseling process. This course is a unique concentration requirement of the Substance Abuse concentration in the Human Services Technology program.

SAB 125. SA Case Management. 3.0 Credits. Class-2.0. Clinical-0.0.

Lab-2.0. Work-0.0

This course provides case management activities, including record keeping, recovery issues, community resources, and continuum of care. Emphasis is placed on establishing a systematic approach to monitor the treatment plan and maintain quality of life. Upon completion, students should be able to assist clients in the continuum of care as an ongoing recovery process and develop agency networking.

SAB 135. Addictive Process. 3.0 Credits. Class-3.0. Clinical-0.0.

Lab-0.0. Work-0.0

This course explores the physical, emotional, psychological, and cultural aspects of the addictive process. Emphasis is placed on addictions to food, sex, alcohol, drugs, work, gambling, and relationships. Upon completion, students should be able to identify the effects, prevention strategies, and treatment methods associated with addictive disorders.

SAB 140. Pharmacology. 3.0 Credits. Class-3.0. Clinical-0.0. Lab-0.0.

Work-0.0

This course covers the pharmacology of psychoactive drugs and abused chemicals and treatment options. Emphasis is placed on the use of psychoactive drugs and related psychological and social complexities, including models for prevention and treatment. Upon completion, students should be able to understand and identify theories of addiction, major classes of drugs, treatment alternatives, and social repercussions.

SAB 210. Addiction & Recovery Counseling. 3.0 Credits. Class-2.0.

Clinical-0.0. Lab-2.0. Work-0.0

This course provides theory and skills acquisition by utilizing intervention strategies designed to obtain therapeutic information, support recovery, and prevent relapse. Topics include counseling individuals and dysfunctional families, screening instruments, counseling techniques and approaches, recovery and relapse, and special populations. Upon completion, students should be able to discuss issues critical to recovery, identify intervention models, and initiate a procedure culminating in cognitive/behavioral change.

Prerequisites: Take HSE 125, minimum grade of C; Take SAB 110

SAB 220. Group Techniques/Therapy. 3.0 Credits. Class-2.0.

Clinical-0.0. Lab-2.0. Work-0.0

This course provides a practical guide to diverse methods of group therapy models used in the specific treatment of substance abuse and addiction. Emphasis is placed on the theory and practice of group therapy models.

