

# Counseling and Advisement

## Counseling and Advisement Services

Counselors and Academic Advisors provide numerous services for students, including:

- Academic advising for new and returning students without an assigned Faculty Advisor in their program of study
- Advising for students in pre-nursing/pre-health careers programs
- Academic counseling for students in meeting their educational goals
- Personal counseling and referrals
- Workshops, presentations, and events focusing on academic success, healthy relationships, mental health and emotional well-being

Counseling and Advisement on Central Campus can be reached at 704.330.6433 or at **Student Success Services** in Room 365 of the Central High Building. The website ([cpcc.edu/ican/contact-us](http://cpcc.edu/ican/contact-us)) gives locations for Counseling and Advisement services on each CPCC campus.

## Student Success Center

The Student Success Center helps connect students with resources throughout the college. It is located on the third floor of the Central High Building on Central Campus for face-to-face information or assistance. For information by phone, call 704.330.6433.

## iCAN - Integrated Counseling and Advising Network (<http://www.cpcc.edu/ican>)

Counseling and advising at CPCC are integral to the College's mission, which includes educating students for life. Therefore, the college is committed to a process that is effective, caring, supportive and accessible to all students. To foster total student development, CPCC operates a comprehensive counseling and advisement system that brings together the expertise of counselors, academic advisors, faculty and other staff from around the college. Assistance is provided in the following areas:

- academic, personal and career counseling
- academic assessment and advisement
- guidance in the transition from high school to college
- guidance in the transition from CPCC to a four-year college or university

Partners working together within the iCAN system are described below:

**Academic Advisors** provide professional guidance for students as they begin their journey at the college. By talking with an advisor, students receive:

- recommendations about appropriate course placement and selection
- explanations of institutional policies and procedures
- assistance identifying strategies for success
- assistance in developing individualized educational plans

Advisors work with students during periods of transition, providing help when students re-enter college after time away or when they want to change their program of study.

**Counselors** serve as an integral part of the teaching and learning process. In addition to providing academic advisement, counselors assist students in exploring alternatives, developing goals, learning new strategies and designing a specialized academic success plan for goal achievement. Through the Personal Counseling Assistance Program (PCAP), (<http://www.cpcc.edu/ican/counseling-services/need-counseling>) Counselors offer free, confidential and professional counseling to students facing personal concerns that may hinder their academic progress or general well-being. Medical or agency referrals are provided when appropriate. Students are encouraged to schedule appointments, but walk-in times are available. Learn more about PCAP by visiting online at [cpcc.edu/ican/counseling-services/need-counseling](http://cpcc.edu/ican/counseling-services/need-counseling) or dialing 704.330.6433.

In their role as **Faculty Advisors**, instructors contribute to student success by assisting with program planning, course selection, scheduling and academic guidance. Faculty Advisors also help students connect with a variety of college and community resources.

**Transfer Resource Center Advisors** are dedicated to assisting students who wish to transfer to four-year colleges or universities. They help students in reviewing college options, setting goals, navigating admissions processes and other activities to facilitate the transfer process. Transfer Advisors work with students to select the best course options based on their intended transfer major and institution.

The **Virtual Office of Counseling and Advisement Services** provides online assistance. On the iCAN website, students can discuss specific advising issues with an advisor or counselor by logging into the iCAN Chat - Live Help (<http://www.cpcc.edu/ican/contact-us/chat-live-help>) at [cpcc.edu/ican/contact-us/chat-live-help](http://cpcc.edu/ican/contact-us/chat-live-help).

By helping students maximize resources, services and other means of support, the iCAN system creates opportunities for improved self-understanding and facilitates achievement of career and life goals. The iCAN promotes student success by *helping students help themselves*.

**To schedule an appointment for any of these services, check hours of operation, or find more information, call 704.330.6433 or visit online at [cpcc.edu/ican](http://cpcc.edu/ican).**